



COMPANION PLANTING

Cool Climate Vegetable	Loves These Plants	Hates These
Broccoli	Potatoes (for shade) Celery & Onions (for flavor)	Beans, Tomatoes, Strawberries
Carrots	Beans & Peas (for nitrogen) Chives (for flavor & better growth)	Potatoes, Parsnips Dill & Fennel
Lettuce	Chives & Garlic (to repel aphids) Marigolds (repels lettuce eating bugs)	Broccoli, Cabbage, Cauliflower
Peas	Corn (serves as trellis to support) Turnips, Radishes, Carrots	Onions, garlic, chives
Spinach	Eggplants & Leeks (deter pests) Marigolds (attracts pollinators)	Corn (too much shade) Potatoes (hogs nutrients)

Warm Climate Vegetable	Loves These Plants	Hates These
Sweet Potatoes	Peas (shares nitrogen & shade); Garlic (smell repels pests); Thyme	Squash, Tomatoes & Sunflowers
Summer Squash	Corn, cucumbers & peas or beans (known as the Three Sisters method)	Potatoes (stunts growth) Sunflowers (steals nutrients)
Tomatoes	Basil, Parsley & Garlic (improve growth & flavor; repel bugs)	Cabbage, Broccoli & Fennel (stunt plant growth)
Beets	Broccoli (quiet neighbor); garlic (for flavor) Cabbage, Brussel Sprouts, Onions	Pole beans Field mustards

BENEFITS OF COMPANION PLANTING

Repels harmful insects & pests

Attracts beneficial & predatory insects which keep harmful pests away

Improves pollination & crop yields by attracting pollinators i.e., bees

Improves flavor of certain vegetables

Encourages growth by controlling weed encroachment & sun/shade

Removes the need for harmful chemicals i.e., pesticides, etc.





CONTAINER PLANTING



VEGETABLE	BEST VARIETY	TIPS	CONTAINER
BEANS	Pole or Bush	Water consistently/ Daily in hot weather	8" deep pots/pole support 5-6" /spacing 3-6"
CARROTS	Baby/miniature i.e. Babette/Oxheart	Grow best in cool temp of spring/fall	Deep containers for full root grow Lots of drainage
CUCUMBERS	Bush or Vining	Full-partial sun Moist soil Enriching fertilizer	Large plastic or ceramic pots with trellis for vining
LETTUCE / SALAD GREENS	All	Partial sun Moist fertile soil	Pots or railing boxes for balcony
PEAS	English, Snow or Sugar Snap	Full sun Loamy soil Good drainage	Medium sized pot with staking support
PEPPERS	Hot or Sweet	Full sun Water consistently Good drainage	Large containers or wooden crates
POTATOES	All	Full sun Loamy soil Good drainage	Can be grown in burlap bags & soft sided containers
RADISHES	All	Full sun/partial shade Moist enriched soil Good drainage	Containers 4-6" in depth
SPINACH	Baby's Leaf / Melody	Full sun Cool season crop 40-45 to harvest	6-12" pots Can be planted with pole beans
TOMATOES	Cherry / Mountain Gold	Full sun Deep, moist soil Good drainage	Big containers with staking or tomato cage

